

Southwest Human Development Services

Borman, Terri

Meal Type: Breakfast

<u>#/Name</u>	<u>Meat Food</u>	<u>Bread Food</u>	<u>First Veg/Fruit</u>	<u>Second Veg/Fruit</u>	<u>Milk Food</u>
1 Monday		French Toast (016)	Applesauce (002)		Milk (4)
2 Tuesday		Waffles (044)	Bananas (004)		Milk (4)
3 Wednesday		Rolls (036)	Peaches (034)		Milk (4)
4 Thursday		Pancakes (031)	Bananas (004)		Milk (4)
5 Friday B		Granola / Cereal Bar (082)	Strawberries (046)		Milk (4)

Meal Type: Lunch/Dinner

<u>#/Name</u>	<u>Meat Food</u>	<u>Bread Food</u>	<u>First Veg/Fruit</u>	<u>Second Veg/Fruit</u>	<u>Milk Food</u>
1 Monday	Steak Fingers (026)	White Bread (046)	Mandarin Oranges (027)	Tater Tots (263)	Milk (4)
2 Tuesday	Chicken Nuggets/Strips (042)	Macaroni Noodles (132)	Applesauce (002)	Green Beans (222)	Milk (4)
3 Wednesday	Pepperoni (021)	Pizza Crust (066)	Mandarin Oranges (027)	Green Beans (222)	Milk (4)
4 Thursday	Chicken Nuggets/Strips (042)	Waffles (044)	Applesauce (002)	Corn (168)	Milk (4)
5 Friday I	Fish Sticks / Nuggets (067)	Goldfish Crackers (057)	Mandarin Oranges (027)	French Fries (255)	Milk (4)

Meal Type: Snack

<u>#/Name</u>	<u>Meat Food</u>	<u>Bread Food</u>	<u>First Veg/Fruit</u>	<u>Second Veg/Fruit</u>	<u>Milk Food</u>
Snack		Cold Cereal (050)	Grapes (022)		